

Course aims at evoking social consciousness among students through various activities viz., working together, constructive and creative social work, to be skilful in executing democratic leadership, developing skill in programme development to be able for self-employment, reducing gap between educated and uneducated, increasing awareness and desire to help sections of society.

Following activities are to be taken up under the NSS course:

- Introduction and basic components of NSS: Orientation
- NSS programmes and activities
- Understanding youth
- Community mobilisation
- Social harmony and national integration
- Volunteerism and shramdan
- Citizenship, constitution and human rights
- Family and society
- Importance and role of youth leadership
- Life competencies
- Youth development programmes
- Health, hygiene and sanitation
- Youth health, lifestyle, HIV AIDS and first aid
- Youth and yoga
- Vocational skill development
- Issues related environment
- Disaster management
- Entrepreneurship development
- Formulation of production-oriented project
- Documentation and data reporting
- Resource mobilization
- Additional life skills
- Activities directed by the Central and State Government